# Most-Needed Food Items



- Canned meat and fish
- Rice, beans, pasta, soup mix
- Canned vegetables and soups
- Peanut butter and jelly
- Powdered, canned, and evaporated milk
- Baby food and formula
- Canned meals (chili, spaghetti, etc.)
- Cereal, oatmeal, breakfast bars
- Protein supplment drinks
- Canned drinks, juice boxes, tea, coffee

By donating any of the items listed above, you are providing critical support to CUMAC - Passaic county's largest food pantry. Help fight hunger in your community & donate today!

Learn more at www.cumacecho.org

## Most-Needed Food Items CUMAC'S



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## Most-Needed Food Items CUMAC'S

- Canned fruit (regular and low-sugar)
- Canned meat and fish
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- Canned vegetables and soups
- Peanut butter and jelly
- Powdered, canned, and evaporated milk
- Baby food and formula
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- Cereal, oatmeal, breakfast bars
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